

OUR 11th ANNIVERSARY

Tour De Shillelagh
(A Ride With Pride)

Call - Don Bruchez
(732) 723-3560

When: 9:00am Saturday, Sept 24 (Rain or Shine)

Where: From Old Bridge FSOS and back to Old Bridge FSOS.
A 20 mile bike ride through the wonderful streets of Old Bridge

Why: To benefit the Food Pantry and SERF (Shillelagh Emergency Relief Fund)

SPONSORSHIP: Each rider will be responsible for getting sponsors. Either by getting a set dollar amount or so much per mile, from friends, family, co-workers etc. Monies collected must be handed in no later than the day of the ride. Sponsor form is attached. Feel free to sponsor yourself

ESCORT: Old Bridge Police will be providing us with an escort in order to make the ride as safe as possible.

WAIVER: A form for release of liability will have to be filled out by all riders

SAFETY: THIS IS THE MOST IMPORTANT ISSUE OF THIS RIDE

1. Helmets, although not mandatory, are strongly suggested. If under the age of 12 helmets are mandatory.
2. Passing other riders should only be done when the shoulder allows for it.
3. This is not a race. Prizes will not be awarded to the top finishers. Try to stay together as a group and be courteous to other riders.
4. Drinking of alcoholic beverages during the ride is strictly prohibited. Afterwards is a different story
5. If any rider is unable to continue or has trouble with their bike, a van will be available to pick up the rider and the bike.
6. We will be taking a break at the halfway mark of the ride. Water, Gatorade etc will be provided.
7. T-shirts will be issued to all riders (free of charge)
8. At the conclusion of the bike ride (around 11:30am) all riders will receive a bracelet entitling them to a free pass at the Friendly Sons Family Picnic which begins at noon. Please feel free to invite your family to this great event. For more details see www.FsosDiary.Com

Questions, Comments, Suggestions – Contact Don Bruchez

Waiver of Negligence and Complete Release of Liability

(Must be signed by all participants)

I wish to participate in the FSOS bicycle run which I understand to be a non-competitive bicycle pledge ride. I understand that by participating in the FSOS bike ride I will be using public streets and facilities where hazards may exist and I am aware of and appreciate the risks which may result.

I am also aware that accidents occur during bicycle riding and I am voluntarily participating in the event with the knowledge of the dangers involved and I agree to accept any and all risks (of injury or death).

I acknowledge that I, and I alone, am solely responsible for my personal health and safety. The condition of the bike I will be riding and the personal property I bring with me.

I have carefully read this Waiver and Release and fully understand the contents. I am aware that this is a Release of Liability of the persons and entities of the Friendly Sons of The Shillelagh and I sign it of my own free will.

This is an important legal document. Read it carefully before signing below.

Signature

Date

Tour De Shillelagh Sponsorship Form

Riders Name _____ Riders Phone # _____

	Sponsor Name	Amount
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